

Part No	Application	Power	Duration		Valve Lift		Cam Lift		Timing		Full Lift		Lift @ TDC with clearance		Valve Clear		Price	Material
		Band	In	Ex	In	Ex	In	Ex	In	Ex	In	Ex	In	Ex	In	Ex	Ex VAT	Type
COS/268/380 PH1	Road Cam	2000 6000	268	268	0.380 9.64	0.360 9.14	0.380 9.64	0.360 9.14	26-62	62-26	112	112			HYD	HYD	£340.00 Per Pair	Blank
Notes. Cam Suited for Road Use Good Idle and Little Loss of Low Down Power																		
COS/288/410 PH2/3	Fast Road Cam	2500 7000	288	288	0.410 10.41	0.410 10.41	0.410 10.41	0.408 10.36	34-74	74-34	110	110	0.077" 1.95mm	0.077" 1.95mm	HYD	HYD	£340.00 Per Pair	Blank
Notes. Cam suited for Fast Road Rally use Good Idle and Mid Range Power																		
COS/300/440 PH4	Tarmac Rally/Race Cam	3750 7500	300	300	0.440 11.17	0.440 11.17	0.440 11.17	0.440 11.17	40-80	80-40	110	110	0.100" 2.55mm	0.100" 2.55mm	0.008 0.203	0.010 0.254	£340.00 Per Pair	Blank
Notes. Competition Cam ideal for Rally, Track ,Days and Sprints																		
COS/312/450 PH5	Race Cam	4500 8000	312	300	0.450 11.42	0.450 11.42	0.450 11.42	0.440 11.17	48-84	82-42	108	108	0.132" 3.35mm	0.132" 3.35mm	0.008 0.203	0.010 0.254	£340.00 Per Pair	Blank
Notes. A Race Cam only suited for Circuit Race Use																		

## Cosworth Ford:- Ford Escort/Sierra Cosworth 16 Valve YB (TURBO ENGINES)

Part No	Application	Power	Duration		Valve Lift		Cam Lift		Timing		Full Lift		Lift @ TDC with clearance		Valve Clear		Price	Material
		Band	In	Ex	In	Ex	In	Ex	In	Ex	In	Ex	In	Ex	In	Ex	Ex VAT	Type
COST/256/350 *NEW*	Fast Road Cam	1000 6000	256	256	0.350 8.88	0.350 8.88	0.350 8.88	0.350 8.88	16-60	60-16	112	112	0.014" 0.36mm	0.014" 0.36mm	HYD	HYD	£340.00 Per Pair	Blank
Notes. Cam Suited for Road Use Good Idle and Little Loss of Low Down Power																		
COST/262/350 PH1	Fast Road Cam	1500 6000	262	262	0.350 8.88	0.350 8.88	0.350 8.88	0.350 8.88	19-63	63-19	112	112	0.033" 0.85mm	0.033" 0.85mm	HYD	HYD	£340.00 Per Pair	Blank
Notes. Cam Suited for Road Use Good Idle and Little Loss of Low Down Power																		
Cost/264/370 PH2/3	Fast Road Cam	2000 6500	264	264	0.370 9.39	0.350 8.88	0.370 9.39	0.350 8.88	24-56	56-24	108	108	0.035" 0.90mm	0.035" 0.90mm	HYD	HYD	£340.00 Per Pair	Blank
Notes. Cam suited for Fast Road Rally use Good Idle and Mid Range Power																		
COST/264/400 PH4	Tarmac Rally/Sprint Cam	3000 7000	264	264	0.400 10.15	0.400 10.15	0.400 10.15	0.400 10.15	24-56	56-24	108	108	0.055" 1.40mm	0.055" 1.40mm	0.008 0.203	0.010 0.254	£340.00 Per Pair	Blank
Notes. Competition Cam ideal for Rally, Track ,Days and Sprints																		
COST/264/430 PH4	Race Cam	3500 7500	264	264	0.430 10.91	0.430 10.91	0.430 10.91	0.430 10.91	26-54	54-26	106	106	0.079" 2.00mm	0.079" 2.00mm	0.008 0.203	0.010 0.254	£340.00 Per Pair	Blank
Notes. A Race Cam only suited for Circuit Race Use																		

NOTE:- If cams are fitted to 2WD cylinder heads 5 mm Washers will be need Part No K579

NOTE:- All the Cosworth profiles I.E .BD10, B14 are Available on request

NOTE:- All our Cosworth Blanks are Universal and can be used as an inlet or exhaust cam

## Cosworth Ford:- Ford Escort/Sierra Cosworth 16 Valve Additional Parts

Part No	Description	Price
DNCHL66	16 x Hydraulic Cam Followers	£160.00
DNCF5300	16 x Mechanical EN40B Cam Followers Shim Type	£256.00
DNCF5118	16 x Mechanical EN40B Cam Followers Easy Adjust No Shims	£256.00
K335	Clamping Tool for DNCF5118 Easy Adjust Cam Followers	£18.00
DNCV12	2 x Vernier Pulleys Pair	£160.00
DNS2673	16 x Competition Silicon Chrome Double 190lbs Valve Springs	£140.00
K579	5 MM Ground Spacer for 2 WD Cylinder Heads	£5.00
TD1	Timing Disc Dual Purpose Full Lift and Engine Degrees	£5.00

**Cosworth Ford:- Ford Escort/Sierra Cosworth 16 Valve BD Profiles**
**NEWMAN CAMS 13**

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Part No	Application	Power Band	Duration		Valve Lift		Cam Lift		Timing		Full Lift		Lift @ TDC with clearance		Valve Clear		Price Ex VAT	Material Type
			In	Ex	In	Ex	In	Ex	In Open	Ex Close	IN. ATDC	EX BTDC	In	Ex	In	Ex		
COST/BD8	GROUP N SPEC CAM	1500 6000	241	241	0.335 8.50	0.335 8.50	0.335 8.50	0.335 8.50	6-55	50-11	115	110	.009" .23mm	.013" .33mm	HYD	HYD	£340.00 Per Pair	Blank
Notes. Cam Suited for Road Use Good Idle and Little Loss of Low Down Power																		
COST/BD10	FAST ROAD CAM	1500 6500	264	264	0.337 8.55	0.337 8.55	0.337 8.55	0.337 8.55	17-67	62-22	115	110	.026" .66mm	.038" .96mm	HYD	HYD	£340.00 Per Pair	Blank
Notes. Cam suited for Fast Road Rally use Good Idle and Mid Range Power																		
COST/BD12	GROUP N SPEC CAM	1500 6000	247	247	0.331 8.40	0.331 8.40	0.331 8.40	0.331 8.40	9-58	53-14	115	110	.010" .25mm	.017" .43mm	HYD	HYD	£340.00 Per Pair	Blank
Notes. Cam Suited for Road Use Good Idle and Little Loss of Low Down Power																		
COST/BD14	FAST ROAD CAM	2000 7000	261	261	0.351 8.91	0.351 8.91	0.351 8.91	0.351 8.91	16-65	60-21	115	110	.026" .66mm	.046" 1.17mm	HYD	HYD	£340.00 Per Pair	Blank
Notes.																		
COST/BD15	RALLY CAM	2500 8000	258	258	0.395 10.03	0.395 10.03	0.395 10.03	0.395 10.03	24-54	57-21	105	108	.071" 1.80mm	.054" 1.37mm	HYD	HYD	£340.00 Per Pair	Blank
Notes.																		
COST/BD15+ *NEW*	RALLY CAM	2500 8000	258	258	0.395 10.60	0.395 10.60	0.395 10.60	0.395 10.60	24-54	57-21	105	108	.074" 1.88mm	.057" 1.46mm	HYD	HYD	£340.00 Per Pair	Blank
Notes. NEW CAM FOR 2013																		
COST/BD16	RACE CAM	3500 8500	265	265	0.399 10.13	0.399 10.13	0.399 10.13	0.399 10.13	28-57	60-25	105	108	.081" 2.06mm	.062" 1.57mm	HYD	HYD	£340.00 Per Pair	Blank
Notes.																		
COST/BD16+ PH4	RACE CAM	3500 8500	265	265	0.413 10.48	0.413 10.48	0.413 10.48	0.413 10.48	28-57	60-25	105	108	.086" 2.18mm	.062" 1.57mm	HYD	HYD	£340.00 Per Pair	Blank
Notes.																		

**NOTE:- All our Cosworth Blanks are Universal and can be used as an inlet or exhaust cam**
**NOTE:-On 2 WD Cylinder Heads a 5 MM Spacer will be required Part No K579**
**Cosworth Ford:- Ford Escort/Sierra Cosworth 16 Valve Additional Parts**

Part No	Description	Price
DNCHL66	16 x Hydraulic Cam Followers	£160.00
DNCF5300	16 x Mechanical EN40B Cam Followers Shim Type	£256.00
DNCF5118	16 x Mechanical EN40B Cam Followers Easy Adjust No Shims	£256.00
K335	Clamping Tool for DNCF5118 Easy Adjust Cam Followers	£18.00
DNCV12	2 x Vernier Pulleys Pair	£160.00
DNS2673	16 x Silicon Chrome Double Valve Springs 190lbs Spring Rate	£140.00
K579	5 mm Ground Spacer for 2 WD cylinder Heads	£5.00
TD1	Timing Disc Dual Purpose Full Lift and Engine Degrees	£5.00